

TRACK A

Stress to Success Program*

Focus on:

Executive Functioning Skills

Life Skills

Content Includes:

Critical Thinking Skills Training

Character Building

Parent Hood (Bonus)

Practice Time:

12 Sessions ONLY - 1x Week for 1 hr
(start date & end date)

Support:

24 hr support -text, email, phone

Investment:

INQUIRE FOR PRICING FOR ALIGNMENT DAYS
& PROGRAM PACKAGES

***holistic**